

Northland Masters Pancake Brunch and Run or walk on the Track 7th July 2019

Thank you to all the Masters and future Masters who came to the Track Fun and Pancake breakfast on Sunday.

We had 33 people in total attend and 23 who did the track event.

There was some stiff competition here and running circles endlessly is very good for the mind particularly if you are doing some long events like ultra distance Triathlon /Adventure racing/Marathons.

Thanks must go to the Mc Leod Family who helped with the lap counting -It requires concentration!! It is not as easy as it looks!!

Thank you to Brian and Polly for making 100 pancakes and to Mr Google advising how to keep pancakes warm and edible if made the day before. They all went so must have been ok!!

It was great to see so many people coming along and having an enjoyable social morning

So Thanks everyone not to mention the weather which was just superb.

Congratulations to our winners;

Janice Powell and Anson Clapcott

Please remember the AGM on August 18th and the track events and FOOD will be provided by the committee - so free food and an agm what more could you want!- Seriously we need you all!

This is how the track fun run/walk worked -

The first group who started had 60 minutes to do as many laps as possible -

The 30 minutes worked the same (exactly 30mins after the 60 min start) - with everyone finishing more or less the same time.

Results

60 minutes group

Name	Number of laps	Place Getters
Clare Furlong	26	
Denise Limby	28	2 nd
Janice Powell	31	1 st
Sien Van der Veecken	18	
Lucy Andrews	27	3 rd
Gill Michel	26	
Paula Baigent	25	
Holly Brotherhood	25	
Aleisha Wall	21	
Tony Langton	17	
Angela Young	14	

30 minutes group

Name	Number of Laps	Place Getters
Rod Mc lean	7	
ColinMc Leod	11	
Brett Mathews	11	
Cindy Matthews	11	
Anson Clapcott	16	1st
DJ Gilming	13	3rd
Sharni	7	
Chris Portch	6	
Nancy Bowmar	7	
Christine Fraser-Kitchen	15	2nd
Polly Barach	7	
Willie Bowmar	12	

