

# NORTHLAND MASTERS T&F CHAMPS

TRIGG SPORTS ARENA, KENSINGTON PARK . 12 Feb 2017

## Results

### Female - 60m

Place	Race No	Name	Region	Wind	Time
<b>W30</b>					
1		Polly Barach	Whangarei	-1.5	11.2
<b>W35</b>					
1		Hayley Tasker	Whangarei	-1.5	8.7
2		Kirsten Mason	Whangarei	-1.5	9.8
<b>W45</b>					
1		Lucy Andrews	Whangarei	0.0	9.5
<b>W65</b>					
1		Nancy Bowmar	Whangarei	0.0	10.8
<b>W85</b>					
1		Sien Van der Veecken	Whangarei	0.0	15.7

### Male - 60m

Place	Race No	Name	Region	Wind	Time
<b>M65</b>					
1		Chris Portch	Whangarei	-2.6	9.4
<b>M75</b>					
1		Dave Eastmond	Whangarei	-2.6	11.5

### Female - 100m

Place	Race No	Name	Region	Wind	Time
<b>W30</b>					
1		Polly Barach	Whangarei	-1.9	18.5
<b>W35</b>					
1		Hayley Tasker	Whangarei	-1.9	13.3
<b>W45</b>					
1		Lucy Andrews	Whangarei	-1.9	16.2
<b>W65</b>					
1		Nancy Bowmar	Whangarei	-2.8	20.2

### Male - 100m

Place	Race No	Name	Region	Wind	Time
<b>M65</b>					
1		Chris Portch	Whangarei	-1.9	15.4

### Female - 200m

Place	Race No	Name	Region	Wind	Time
<b>W30</b>					
1		Polly Barach	Whangarei	0.0	42.0
<b>W65</b>					
1		Nancy Bowmar	Whangarei	0.0	37.9

## Results

### Female - 200m

Place	Race No	Name	Region	Wind	Time
<b>W70</b>					
1		Oringa Barach	Whangarei	0.0	1:11.3

### Male - 200m

Place	Race No	Name	Region	Wind	Time
<b>M50</b>					
1		Mark Lett	Whangarei	0.0	28.2

### Female - 400m

Place	Race No	Name	Region	Time
<b>W30</b>				
1		Polly Barach	Whangarei	1:37.8
<b>W45</b>				
1		Lucy Andrews	Whangarei	1:19.0
<b>W65</b>				
1		Jenny Eastmond	Whangarei	1:37.2

### Male - 400m

Place	Race No	Name	Region	Time
<b>M50</b>				
1		Mark Lett	Whangarei	1:05.7
<b>M55</b>				
1		Ian Calder	Whangarei	1:01.2
<b>M75</b>				
1		Dave Eastmond	Whangarei	1:28.2

### Female - 800m

Place	Race No	Name	Region	Time
<b>W30</b>				
1		Polly Barach	Whangarei	3:48.9
<b>W35</b>				
1		Kirsten Mason	Whangarei	3:06.8
<b>W65</b>				
1		Jenny Eastmond	Whangarei	3:35.4
<b>W70</b>				
1		Oringa Barach	Whangarei	6:14.7

### Male - 800m

Place	Race No	Name	Region	Time
<b>M40</b>				
1		Dennis Langford	Whangarei	2:38.1
<b>M55</b>				
1		Ian Calder	Whangarei	2:18.1

## Results

### Male - 800m

Place	Race No	Name	Region	Time
<b>M60</b>				
1		Rod McLean	Whangarei	3:23.9
<b>M75</b>				
1		Dave Eastmond	Whangarei	3:35.5
2		Neville Rae	Whangarei	4:47.7

### Female - 1500m

Place	Race No	Name	Region	Time
<b>W65</b>				
1		Judith Bradshaw	Whangarei	6:57.7
2		Judith Stewart	Whangarei	7:00.1
<b>W70</b>				
1		Oringa Barach	Whangarei	11:22.7

### Male - 1500m

Place	Race No	Name	Region	Time
<b>M55</b>				
1		Ian Calder	Whangarei	5:01.4
<b>M65</b>				
1		John Kent	Whangarei	5:47.3
<b>M75</b>				
1		Dave Eastmond	Whangarei	7:47.4
2		Neville Rae	Whangarei	9:52.7

### Female - High Jump

Place	Race No	Name	Region	Perf
<b>W65</b>				
1		Nancy Bowmar	Whangarei	1.16

### Male - High Jump

Place	Race No	Name	Region	Perf
<b>M50</b>				
1		Mark Lett	Whangarei	1.34
<b>M65</b>				
1		Chris Portch	Whangarei	1.11

### Female - Long Jump

Place	Race No	Name	Region	Wind	Perf
<b>W30</b>					
1		Ugen Iyer	Whangarei	-1.6	4.30
<b>W65</b>					
1		Nancy Bowmar	Whangarei	-1.5	3.17
<b>W85</b>					
1		Sien Van der Veecken	Whangarei	0.0	2.02

## Results

### Male - Long Jump

Place	Race No	Name	Region	Wind	Perf
<b>M50</b>					
1		Mark Lett	Whangarei	0.0	4.80
<b>M65</b>					
1		Chris Portch	Whangarei	-2.9	3.50

### Female - Triple Jump

Place	Race No	Name	Region	Wind	Perf
<b>W65</b>					
1		Nancy Bowmar	Whangarei	2.2	7.18
<b>W70</b>					
1		Beth MacLeod	Whangarei	2.0	4.33
<b>W85</b>					
1		Sien Van der Veecken	Whangarei	2.1	4.75

### Male - Triple Jump

Place	Race No	Name	Region	Wind	Perf
<b>M65</b>					
1		Chris Portch	Whangarei	3.0	7.07

### Female - Shot Put

Place	Race No	Name	Region	Perf	
<b>W30</b>					
1		Polly Barach	Whangarei	6.73	
<b>W45</b>					
1		Veronica Romagnoli	Whangarei	9.35	
<b>W65</b>					
1		Nancy Bowmar	Whangarei	6.95	
<b>W70</b>					
1		Barbara Austin	Whangarei	8.07	
2		Beth MacLeod	Whangarei	5.73	
3		Oringa Barach	Whangarei	1.33	
<b>W75</b>					
1		Val Babe	Whangarei	5.29	
<b>W85</b>					
1		Sien Van der Veecken	Whangarei	5.22	

### Male - Shot Put

Place	Race No	Name	Region	Perf	
<b>M40</b>					
1		Dennis Langford	Whangarei	9.55	

### Female - Discus

Place	Race No	Name	Region	Perf	
<b>W30</b>					

## Results

### Female - Discus

Place	Race No	Name	Region	Perf
<b>W30</b>				
1		Polly Barach	Whangarei	15.92
<b>W70</b>				
1		Barbara Austin	Whangarei	17.20
2		Beth MacLeod	Whangarei	12.56
<b>W75</b>				
1		Val Babe	Whangarei	12.81
<b>W85</b>				
1		Sien Van der Veecken	Whangarei	9.65

### Male - Discus

Place	Race No	Name	Region	Perf
<b>M40</b>				
1		Dennis Langford	Whangarei	31.77
<b>M70</b>				
1		Colin MacLeod	Whangarei	17.77

### Female - Javelin

Place	Race No	Name	Region	Perf
<b>W30</b>				
1		Polly Barach	Whangarei	12.47
<b>W45</b>				
1		Veronica Romagnoli	Whangarei	24.57
<b>W65</b>				
1		Nancy Bowmar	Whangarei	13.32
<b>W70</b>				
1		Barbara Austin	Whangarei	16.93
2		Oringa Barach	Whangarei	6.69
<b>W75</b>				
1		Val Babe	Whangarei	8.30
<b>W85</b>				
1		Sien Van der Veecken	Whangarei	9.22

### Male - Javelin

Place	Race No	Name	Region	Perf
<b>M40</b>				
1		Dennis Langford	Whangarei	43.39
<b>M50</b>				
1		Mark Lett	Whangarei	31.26
<b>M65</b>				
1		Chris Portch	Whangarei	26.96

### Female - Hammer

Place	Race No	Name	Region	Perf
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## Results

### Female - Hammer

Place	Race No	Name	Region	Perf
<b>W70</b>				
1		Barbara Austin	Whangarei	25.24
<b>W75</b>				
1		Val Babe	Whangarei	19.71
<b>W85</b>				
1		Sien Van der Veecken	Whangarei	15.56

### Female - 3000m

Place	Race No	Name	Region	Time
<b>W45</b>				
1		Lucy Andrews	Whangarei	13:42.0
<b>W50</b>				
1		Corinne Smith	Whangarei	15:59.1
<b>W65</b>				
1		Judith Stewart	Whangarei	14:21.8
2		Judith Bradshaw	Whangarei	14:45.8

### Male - 3000m

Place	Race No	Name	Region	Time
<b>M40</b>				
1		Dennis Langford	Whangarei	11:42.4
<b>M55</b>				
1		Ian Calder	Whangarei	11:11.4
<b>M60</b>				
1		Rex Carmicheal	Whangarei	13:01.6
<b>M65</b>				
1		John Kent	Whangarei	12:24.5
<b>M75</b>				
1		Dave Eastmond	Whangarei	17:48.1

### Male - 100m Hurdles

Place	Race No	Name	Region	Time
<b>M50</b>				
1		Mark Lett	Whangarei	18.1

### Female - 5000m Race Walk

Place	Race No	Name	Region	Time
<b>W50</b>				
1		Corinne Smith	Whangarei	27:13.8

### Female - 5km Road Run

Place	Race No	Name	Region	Time
<b>W30</b>				
1		Polly Barach	Whangarei	27:25.1

# Results

## Female - 5km Road Run

Place	Race No	Name	Region	Time
<b>W45</b>				
1		Lucy Andrews	Whangarei	22:54.6
2		Kath Mase	Whangarei	24:17.9
<b>W65</b>				
1		Judith Stewart	Whangarei	24:29.9
2		Judith Bradshaw	Whangarei	25:12.4
<b>W70</b>				
1		Oringa Barach	Whangarei	42:03.5

## Male - 5km Road Run

Place	Race No	Name	Region	Time
<b>M40</b>				
1		Dennis Langford	Whangarei	20:40.7
<b>M50</b>				
1		Mark Anderson	Whangarei	23:00.7
<b>M65</b>				
1		Brian Barach	Whangarei	25:30.8
<b>M70</b>				
1		Anson Clapcott	Whangarei	23:20.6
<b>M75</b>				
1		Neville Rae	Whangarei	37:59.7